



2015 Annual Report

Crook County Senior Services, Inc.

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OUR MISSION

Crook County Senior Services, Inc. will endeavor to provide available and appropriate services to seniors and to persons with disabilities in a courteous, prompt, friendly, and thorough manner.

OUR VISION

To enhance the ability of seniors and persons with disabilities to maintain independence

HISTORY

In the 1970's, when senior meal programs were getting popular a few Sundance individuals started a senior meal program. They began providing meals at the county fairgrounds. At first many of the meals were carry-in type. As time went on, these individuals were able to write grants to hire employees to help provide meals and socialization under the name "Sundance Senior Citizens". They also purchased their own building for a senior center.

History shows that the grants were written under the name of "Sundance Senior Citizens" for many years even though Moorcroft and Hulett senior centers had also become a part of this senior program. In the 1990's, the board members felt the name should be changed to reflect the senior programs available to seniors throughout Crook County. In February 1996, "Sundance Senior Citizens" became Crook County Senior Services, Incorporated which represents all three senior centers in Crook County which are located in Hulett, Moorcroft and Sundance.

ROLES

Each senior center has its own board of directors, as does Crook County Senior Services, Inc. All of the senior centers organize fundraisers to help raise monies for their own community projects. Each senior center provides a cash donation toward the local match required by the State/Federal grants administered by Crook County Senior Services, Inc. for the senior programs provided in Crook County. Crook County Senior Services, Inc. rents space at the senior centers for use in implementing senior programs.

BOARD OF DIRECTORS

Crook County Senior Services, Inc. has a ten (10) member Board of Directors – three (3) members from Hulett, three (3) members from Moorcroft, three (3) from Sundance and one member-at-large. The Board of Directors hires the Program Executive Director. The Program Executive Director hires the employees and oversees the many senior programs provided through grants written by Crook County Senior Services, Inc.

2014-2015 Board Members

President	Pastor Dave Jagemann	Sundance
Vice-President	Dorothy Wood	Hulett
Secretary	Rodney Knudson	Hulett
Treasurer	Jean Lenz	Sundance
Director	Bonnie Beaudoin	Sundance
Director	Winnie Bush	Hulett
Director	Vicki Paddock	Moorcroft
Director	Linda Peterson	Sundance
Director	Mary Ann Robinson	Moorcroft
Director	To be Filled	Moorcroft
Member-At-Large	Jean Lenz	Sundance

Regular Board Meetings are the third Tuesday of each month. Meetings are rotated among the communities. Hulett – January, April, July, October

Moorcroft – November, February, May, August

Sundance – December, March, June, September

CCSS, INC PROGRAMS

Senior Programs are offered at the three (3) senior centers under the direction of Site Managers. Senior programs include:

Nutrition Programs: A hot meal is served at noon, Monday – Friday at the Sundance and Hulett Senior Centers at a suggested contribution of \$4.00 per meal. Home delivered meals are available from each center for qualified seniors at a suggested contribution of \$4.00 per meal.

Homemaker Services: For those who need a little extra help with vacuuming, mopping, dusting, cleaning bathrooms, laundry and bed linen change. Individuals must be 18 years or older, be low-income, frail, and/or at risk of being institutionalized.

Nursing/Personal Care: Provides assistance to individuals who need medication set-up/monitoring or with bathing, showering, shampooing their hair, dressing, and/or nail care.

Respite Care: Provides temporary relief for individuals who are caregivers who need a few hours to go shopping or to take care of personal needs.

Medical Alert (personal emergency medical alert system): An emergency response system that gives one the confidence and freedom to live independently. The system hooks into the home phone and a pendant or wrist band is worn by the individual in which they are able to signal to get immediate assistance in case of a fall or emergency.

Loan Closet: Each center has wheelchairs, walkers, canes, crutches, and bathroom accessories that may be loaned out free of charge to those in need.

Newsletter: Published 6 times a year by local volunteers and staff. The newsletter provides information regarding all 3 centers, monthly menu's, nutrition, medical information and other tidbits.

Safe Driver Classes: This class is offered in the spring/fall at the Sundance and Hulett Senior Centers. Some insurance companies will provide discounts for participating in this class.

Forms Assistance: Site Managers are available to help fill out tax forms, LIEAP applications, Medicare and insurance, etc.

Social Activities: Each senior center has social activities such as carry-in Dinner's, special occasion dinners, card playing, crafts, movies, and exercising.

Blood Pressure Clinics: Available once a month at each senior center.

Foot Clinics: Available at each senior center once a month.

Massage Clinic: Available at each senior center once a month (as funds available). Please call for an appointment.

Public Transportation - Monday through Friday during business hours for the general public of Crook County for local shopping needs and local or out of town medical rides. Vans with a wheelchair ramp and a wheelchair lift are available. Vans are located in Hulett, Moorcroft and Sundance. The fees for transportation are as follows:

DESTINATION	RATES per person
In-Town Transportation	2.00
Rapid City – Sundance	28.00
Rapid City – Moorcroft	39.00
Rapid City – Hulett	35.00
Fort Meade – Sundance	19.00
Fort Meade – Moorcroft	30.00
Fort Meade – Hulett	26.00
Belle Fourche – Sundance	14.00
Belle Fourche – Hulett	15.00
Spearfish – Sundance	12.00
Spearfish – Moorcroft	23.00
Spearfish – Hulett	24.00
Beulah – Sundance	7.00
Gillette – Sundance	22.00
Gillette – Moorcroft	10.00
Gillette – Hulett	25.00
Newcastle – Sundance	16.00
Newcastle – Moorcroft	17.00
Newcastle – Hulett	29.00
Hulett – Sundance	13.00
Hulett – Moorcroft	14.00
Sundance – Moorcroft	23.00
Escorts	7.00
Children under 12	6.00
Seniors In-town	2.00

OUT-OF-STATE TRIPS ARE FOR MEDICAL PURPOSES ONLY.

SOURCE OF FUNDING

Title III – B F/S	\$33,025
Title III – C1 F/S	\$15,824
Title III – C2 F/S	\$11,309
NSIP	\$6,583
WyHS S	\$84,348
WSSB	\$66,601
WYDOT	\$48,489
Medicaid	\$9,500
Crook County	\$20,000
City of Sundance	\$1,500
Town of Hulett	\$1,000
Town of Moorcroft	\$2,000
Senior Centers	\$8,880
Fees for Service	\$70,000
Interest	\$350
Donations	\$7,000
Fundraisers/Other	\$9,000
Total Income	\$395,409

Thank You Thank You Thank You Thank You Thank You Thank You

CCSS, Incorporated would like to Thank everyone who contributes to our programs. Our programs are funded by federal and state grants along with assistance from Crook County Commissioners, Towns of Hulett and Moorcroft, City of Sundance, Senior Center Boards, fundraisers, donations and from seniors utilizing our programs. A special thank you to our volunteers and staff and all our seniors as without all of you we would not be able to provide the services we offer. Our programs are a benefit to our community and community members throughout Crook County.

ACCOMPLISHMENTS

- Facilities Review
 - Fire extinguishers up-to-date
 - Fire Drills and exit plans were completed at all centers and Administration Office
 - Yearly Building Maintenance -on going
- Transportation Review
 - All routine maintenance on vehicles completed
 - New Tires on 4/5 vans
 - Maintenance on-going
 - Random drug testing current
- Insurance
 - Bonding policy reviewed and updated to include present employees
 - Insurance policies reviewed
- Staff
 - Annual evaluations/raises completed on all employees
 - Continuing Education/Training ~ on-going
- Policies
 - Currently reviewing and updating as needed
 - Contracts current
- Programs
 - Reviewed and amended as needed
 - CCSS, Inc. Website Developed
 - Quarterly Nutrition Presentations completed for C1/C2
- Newsletter
 - Bi-monthly by staff and volunteers
- Data Collection
 - Collection/reports current, Yearly Surveys completed
- Financial Review
 - Grant applications completed and all received
 - Business Plan Developed
- Program Executive Director
 - Attended all trainings as required;
 - All Grants/Quarterly Reports completed as scheduled.

STATISTICS

6,784 qualifying meals	Congregate Meals
3,037 qualifying meals	Home Delivered Meals
1,684	Waiver Meals
12,356	Total Meals Served
	Un-Duplicated Clients by Grant
310 clients 6,754 services	• Title III B
204	• Title III C1
38	• Title III C2
35/90 Services	• Title III D
79 clients 1,483.75 Services	• WyHS
39,000	WyDOT Miles

